## Contraceptive & Sexual Health Services Christmas 2012 New Year 2013 Opening Times

<table>
<thead>
<tr>
<th>DATE</th>
<th>CLINIC</th>
<th>TIMES</th>
<th>Doctor / Nurse</th>
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</table>
| Wednesday am 19th December 2012 | Specialist Family Planning Clinic, Teddington Health & Social Care Centre (THSCC), 18 Queens Road, Teddington, TW11 0LR | Open 8.50am - 11.00am 
Book at THSCC Mon-Fri 9-5 | Doctor led |
| Thursday 20th December 2012 | Teddington Family Planning Clinic, Teddington Health & Social Care Centre (THSCC), 18 Queens Road, Teddington, TW11 0LR | Open 6.30 - 8.30 pm 
Tel: 0208 614 5300 | Doctor led |
| Monday 24th December 2012 | KISS @ Off the Record, 2 Church Street, Twickenham TW1 3NJ | Open 3.30 - 5.30 pm 
Tel: 0208 744 1644 | Nurse led |
| Thursday 27th December 2012 | Teddington Family Planning Clinic, Teddington Health & Social Care Centre (THSCC), 18 Queens Road, Teddington, TW11 0LR | Open 6.30 - 8.30 pm 
Tel: 0208 614 5300 | Doctor led |
| Monday 31st December 2012 | KISS @ Off the Record, 2 Church Street, Twickenham TW1 3NJ | Open 3.30 - 5.30 pm 
Tel: 0208 744 1644 | Nurse led |

**Back to normal service from 2nd January 2013**

For Emergency Contraception (up to 72 Hours after risk of pregnancy)

For confidential advice you can also telephone:-

- NHS Direct 0845 464 7000
- Rape Crisis (The Haven) 020 8747 4787
- Samaritans 020 8399 6676
- Sexwise 0800 282930

- other A & E Departments. Emergency contraception can be purchased at Chemists.

FREE Emergency contraception is available in some chemists

**Useful websites**

- www.ruthinking.co.uk
- www.gettingiton.org.uk

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**The Following Services Are Closed**

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>Monday 24th December 2012 &amp; Monday 31st December 2012</td>
<td>Park Road Surgery, 37 Park Road, Teddington TW11 0AU</td>
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<tr>
<td>Tuesday 25th December 2012 &amp; Tuesday 1st January 2013</td>
<td>KISS @ Heatham House</td>
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<tr>
<td>Wednesday 26th December 2012</td>
<td>Specialist Family Planning Clinic, THSCC, 18 Queens Road, Teddington, TW11 0LR</td>
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